

*Are you consumed by thoughts of food, weight, or body image to the point that it negatively impacts your life?*

## *~ Brattleboro OA ~*

Overeaters Anonymous (OA) uses the twelve-step model to address **any** of the many issues related to disordered eating: over- or under- eating, restricting, binging, over-exercising, purging, or any other dysfunctional relationship to food and/or body image. OA has helped many tens of thousands of people rediscover the joy of living free from food and body image obsession.

### *Brattleboro OA Sunday Story Meeting*

#### **SCHEDULE:**

Every Sunday, 1:00–2:00 pm

#### **LOCATION:**

**St Michael's Episcopal Church in Brattleboro (no affiliation)**

The church is on Putney Road, but technically the address is 16 Bradley Ave, Brattleboro.

Use the back parking lot door to enter and follow signs.

Contact : Jubilee 802-579-3377

OA is totally free, there is no commitment, and it's totally anonymous.

For more information about OA, visit [OA.org](http://OA.org), [oawmass.org](http://oawmass.org),  
[oanewhampshire.org](http://oanewhampshire.org), or [oavermont.org](http://oavermont.org)



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